Research Study on Depression - Non Pharmaceutical

Date::
December 4, 2014

Are You Feeling Depressed? Are you Not Taking any Medication for Depression? If so, You may be eligible for a Research Study at the University of Arizona

The University of Arizona is looking for participants for a research study on the effects of an alternative procedure on Major Depressive Disorder. Participants will experience different levels of whole-body infrared heating (Whole Body Hyperthermia, or WBH). This study will examine WBH’s effects on your depression, how you relate to other people in your environment, and how you spend your time in general.

To be eligible, you will need to meet the following general entry requirements:

- Currently between the ages of 18-65
- Currently experiencing depression for at least four weeks
- Not currently taking an antidepressant
- Medically healthy
- Not actively abusing drugs or alcohol
- Able to swallow capsules
- No gastrointestinal problems such as esophageal stricture, diverticulitis, Crohn’s disease, ulcerative colitis or active peptic ulcers
- No history of cancer in the last five years

To learn more about this study or to see if you qualify, please visit: [www.mddstudy.org](https://www.mddstudy.org) or contact our team at: (520) 314-7492; or email: ahernandez@psychiatry.arizona.edu

Compensation will be provided to eligible subjects.

Researcher: Charles Raison

Study title: Whole Body Hyperthermia & Major Depression (MDD)

An Institutional Review Board responsible for human subjects research at the University of Arizona reviewed this research project and found it to be acceptable, according to applicable state and federal regulations and University policies.

Source URL: [https://uaatwork.arizona.edu/uannounce/research-study-depression-non-pharmaceutical](https://uaatwork.arizona.edu/uannounce/research-study-depression-non-pharmaceutical)

Links:
[1] https://mail.medadmin.arizona.edu/owa/redir.aspx?C=7e60640b9ceb46d5801b8901cbbbc4c0&URL=http%3a%2f%2fwww.mddstudy.org
[2] https://mail.medadmin.arizona.edu/owa/redir.aspx?C=7e60640b9ceb46d5801b8901cbbbc4c0&URL=mailto%3aahernandez%40psychiatry.arizona.edu