Research Study: The Effect of Massage on the Brain

Date::
July 31, 2013

The University of Arizona is looking for volunteers for a research study on the effects of massage on the brain (EEG). Participants will receive a 20-minute massage either on the right side, left side or both sides of the body. This study will examine alterations in brain waves (EEG) during the massage.

Eligibility requirements for participants:

- 18-50 years old
- Medically healthy
- No aversion to touch

Researchers: Charles Raison, Clemens Janssen

Study title: Unilateral Massage Intervention Study (UMI)

If interested, please go to [http://www.surveymonkey.com/s/UMI_Study](http://www.surveymonkey.com/s/UMI_Study) [1] or contact Clemens Janssen at (520) 306-0025 or [janssen@email.arizona.edu](mailto:janssen@email.arizona.edu) [2].

An Institutional Review Board responsible for human subjects research at the University of Arizona reviewed this research project and found it to be acceptable, according to applicable state and federal regulations and University policies.

Source URL: [https://uaatwork.arizona.edu/uannounce/research-study-effect-massage-brain](https://uaatwork.arizona.edu/uannounce/research-study-effect-massage-brain)

Links
[1] [http://www.surveymonkey.com/s/UMI_Study](http://www.surveymonkey.com/s/UMI_Study)
[2] [mailto:janssen@email.arizona.edu](mailto:janssen@email.arizona.edu)