VOLUNTEERS NEEDED FOR A RESEARCH STUDY OF GRAPES

✓ Are you 30-65 years of age?
✓ Are you in good health?
✓ Are you interested in how grapes support physiological function?

You may qualify if you also meet the following criteria:
• BMI 25-36 kg/m² (check online at: https://goo.gl/ufq7bf)
• Not taking medication for high cholesterol, blood pressure, or glucose control
• No inflammatory diseases (e.g. rheumatoid arthritis, inflammatory bowel disease)
• Non-smoker

Procedures and Compensation:
• Two 6-8 week periods of powder consumption with a 4 week break between test periods
• Measurements of blood pressure and blood markers of cardiovascular disease risk
• $100 compensation and lab results upon completion of the study

INTERESTED?
For more information, please call 520-621-5382 or email fbhlab@email.arizona.edu, mention the Grape Study, and leave your name and number.

This research study is being conducted by Dr. Skulas-Ray in the Department of Nutritional Sciences and has been approved by the Institutional Review Board (IRB) of the University of Arizona.